

Finding Words that Matter:

Rekindling Our Purpose in Healthcare Through Poem-Making

With J. Redwing Keyssar, RN, and John Fox, CPT

*Three Saturday Meetings in Tune with Seasons to Come
Open to All Healthcare Professionals*

The rush of our days often prevents us from listening to a deeper voice within our selves and others, a voice that reminds us what matters most about our lives and work.

Setting aside this dedicated time in the midst of each season will allow us to share our unique stories, become more aware of our common ground and creative energies. Doing this holds the possibility of forming genuine community. Session topics will be as follows:

Session 1: Finding Your Voice & Showing Up

Session 2: Hitting the Wall—When Our Practice Is Not Perfect

Session 3: Healing Words for Our Patients & Rekindling Purpose and Hope in Our Work

John Fox—Poet, Certified Poetry Therapist and Founder of IPM, and Redwing Keyssar, RN—Author, Poet, Director of the Palliative Care Program at JFCS, intend to help you rekindle and reconnect with the reasons for your initial call into the field of healthcare.

This 3-session pilot program is funded by the California Healthcare Foundation and offered by a collaboration between the UCSF Symptom Management Service, the Institute for Poetic Medicine and Jewish Family and Children's Services.

No prior experience with poetry writing is necessary. Come join in the fun (and exploration)! Lunch & refreshments will be served. CEUs for RNs are available.

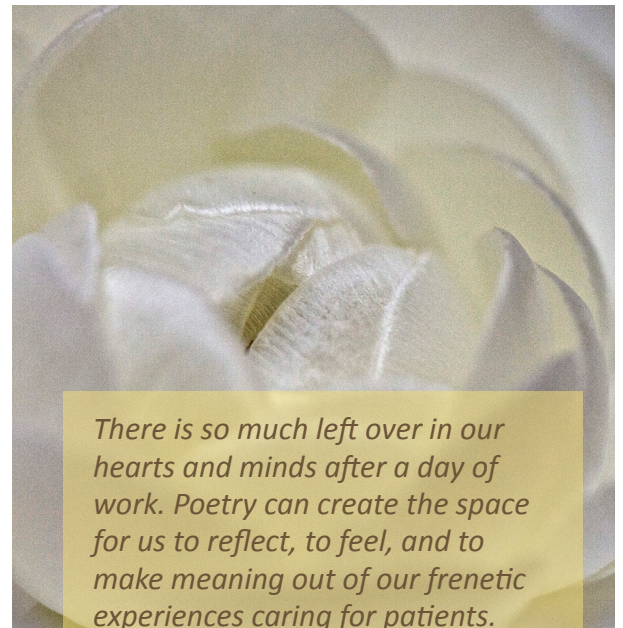
Saturdays, 9:30am – 2:30pm

June 3, August 26, & November 18

Jewish Family & Children's Services

2150 Post St., San Francisco

(Parking available in secure garage)



A Gardenia by Mike Rabow

There is so much left over in our hearts and minds after a day of work. Poetry can create the space for us to reflect, to feel, and to make meaning out of our frenetic experiences caring for patients.

John and Redwing understand what it means to be a clinician and offer generosity and insight in reconnecting us to what is true.

Michael W. Rabow, MD
Director, Symptom Management Service

This program is offered free of charge, but pre-registration is required.

Please contact Redwing Keyssar at Redwingk@jfcs.org or (415) 449-3749.