



POEMS OF WITNESS LIVING WITH HEART IN A CONFLICTED WORLD

Workshops Presented by John Fox, C.P.T.

It is a challenge to find language in our culture that offers a humane and noble way of responding to seemingly intractable problems like social injustice, economic inequity, environmental destruction, oppression, terrorism and war. Media focuses on surface issues and fear while politicians often rely on this and other divisive tactics, none of which encourages our hearts to truly examine life or open to something new.

How can we learn a language that helps us to bear witness to the real needs of the world? How can we listen in a way that allows for fierce honesty, deep trust and playfulness? How do we recognize and return to the heart that beats again and then again, within ourselves and others, even in the midst of conflict?

We will draw upon the poetry of Marge Piercy, Pablo Neruda, Langston Hughes, Lucille Clifton, Nazim Hikmet, Yehudi Amichai, Naomi Shihab Nye, William Stafford, Maya Angelou, Jimmy Santiago Baca, Thich Nhat Hanh, Mary TallMountain, Odysseas Elytis, young children from around the world and Denise Levertov, among others.

This workshop is designed to promote and encourage poem-making and sharing that shows that in truth there is beauty. We will explore how deepening a connection with this awareness empowers us to treasure differences and stand together on common ground.

Day, Month XX, 200X

Your Group Name

Your Address, Your City, Your State/Country Your Postal Code

Time: XX:XX a.m. – XX:XX p.m.

Poetic Medicine: The Healing Art of Poem-Making

Cost: \$XX.XX per participant

Registration Required by Month, XX, 200X: To register call

XXX-XXX-XXXX or email your email@your provider.xxx

Website: www.your website.xxx

Insert your logo or photo here



John Fox is author of *Finding What You Didn't Lose: Expressing Your Truth and Creativity through Poem-Making* and *Poetic Medicine: The Healing Art of Poem-Making*.

He teaches at the collegiate and post graduate level at the California Institute of Integral Studies, John F. Kennedy University, Institute of Transpersonal Psychology and the University of California, Santa Cruz. John presents across the United States and in many other countries, including: the United Kingdom, Ireland, Canada, Israel and South Korea. He conducts poetry groups in the San Francisco Bay Area and leads an annual retreat, *The Nature of Poetry Retreat*, on sacred Navajo land in Canyon de Chelly, Arizona.

Please visit his website: www.poeticmedicine.org