



# *The Soul's Language* *A Workshop in Sacred Poetry*

**A Workshop Presented by John Fox, C.P.T.**

**W**hat language does your soul speak?

The experience of meeting the sacred in the world, in nature, within yourself or another person, is difficult to express in words. Your deep breath, a look of awe, the upwelling feeling of love from a deep inward place, a shattering of old ways of thinking, the caring embrace of another, tears streaming down your cheeks or simple silence – all these are sometimes the only way to express this ineffable, wordless space. Another way to revive this connection to Spirit is through poetry. Poem-making is the language of your heart. This workshop is designed to evoke your unique soul voice. There is no one else who can express your experience of living life.

This workshop will explore the question: what opens your heart? We will look at the way sacred poetry and our own writing can help tune us to choice, insight, possibility and joy. Using the poetry of Mary Oliver, Wendell Berry, Rumi, Jane Kenyon, young children, Mary TallMountain, Zen poets, and Psalms of David; poets that tune us to a sacred presence and inspire our writing.

Please insert your photo or logo here

**Day, Month XX, 200X**

Your Group Name

Your Address, Your City, Your State/Country Your Postal Code

Time: XX:XX a.m. – XX:XX p.m.

*Poetry, Community and the Flourishing Heart*

Cost: \$XX.XX per participant

Registration Required by Month, XX, 200X

To register call XXX-XXX-XXXX or email your

email@your.provider.xxx Website: [www.your.website.xxx](http://www.your.website.xxx)



John Fox is author of *Finding What You Didn't Lose: Expressing Your Truth and Creativity through Poem-Making and Poetic Medicine: The Healing Art of Poem-Making*.

He teaches at the collegiate and post graduate level at the California Institute of Integral Studies, John F. Kennedy University, Institute of Transpersonal Psychology and the University of California, Santa Cruz. John presents across the United States and in many other countries, including: the United Kingdom, Ireland, Canada, Israel and South Korea. He conducts poetry groups in the San Francisco Bay Area and leads an annual retreat, *The Nature of Poetry Retreat*, on sacred Navajo land in Canyon de Chelly, Arizona.

Please visit his website: [www.poeticmedicine.org](http://www.poeticmedicine.org)